

St. Mark Faith Formation Prayer Booklet



Grade 3

Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Grace Before a Meal

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ our Lord. Amen.

Grace After a Meal

We give thee thanks, for all thy benefits, Almighty God, who live and reign forever. Amen.

Our Father/Lord's Prayer

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail, Mary, full of grace, the Lord is with thee.
Blessed are thou amongst women and blessed is
the fruit of thy womb, Jesus.

Holy Mary, mother of God, pray for us sinners,
now and at the hour of our death. Amen.

Glory Be

Glory be to the Father and to the Son and to
the Holy Spirit, as it was in the beginning is now,
and ever shall be world without end. Amen.

Angel of God

Angel of God, my guardian dear, to whom God's
love commits me here, ever this day be at my
side, to light and guard, to rule and guide.

Amen

Act of Contrition

My God, I am sorry for my sins with all my
heart. In choosing to do wrong and failing to do
good, I have sinned against you whom I should
love above all things. I firmly intend, with your
help, to do penance, to sin no more, and to avoid
whatever leads me to sin. Amen.

Morning Prayer

God, my Father, I give you today all that I think and do and say. I'll work and study, have fun and pray. Jesus be with me all through the day. Amen.

Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Jesus Prayer

Lord Jesus Christ, Son of the living God, have mercy on me, a sinner.

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.

Act of Hope

O Lord God, I hope by your grace for the pardon of all my sins and after life here to gain eternal happiness because you have promised it who are infinitely powerful, faithful, kind, and merciful. In this hope I intend to live and die. Amen.

Act of Love

O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.